

ICE PAGE

Making it Happen!- Supporting Social Inclusion

SOUTH

ECAT

Employee & Client Assistance Team
403-634-8805

After office hours
Phones do not accept text messages- staff need to call ECAT.

INSIDE THIS

HEALTH AND SAFETY ARTICLE 2

POLICY REVIEW 3

HEALTH AND SAFETY MEETING MINUTES 5

TIME SHEET HAND-IN

September 15th, 2017 -

For all shifts worked between September 1 and September 15

October 2nd, 2017-For all

shifts worked between September 16 and September 30

UPCOMING:

- **HEALTH AND SAFETY MEETING**
- September 12, 2017
at 9:00AM
- **RPAC MEETING-**
September 5th, 2017
at 1:30PM

Dale is an energetic Edmontonian with diverse interests; he needs and loves to be busy. Dale is a very social person who enjoys sports and art expression as well as community service and volunteering. His ICE support staff are kept occupied assisting him to search out interesting activities and opportunities to explore. Luckily in an active city like Edmonton there are a lot of interesting options.

Dale has participated for several years with Special Olympics (S.O.), Edmonton and in that time has been active in a wide range of games and athletics. In 2016, Dale chose rhythmic gymnastics as his S.O. event of interest and quickly emerged as the best male gymnast in the competition. He went on to win an award as the overall S.O. Edmonton male athlete of the year. Due to this honor, Dale was invited to represent Edmonton at the provincial S. O. summer games in Medicine Hat held July 7 - 9, 2017.

Dale worked hard for months at his S.O. events to prepare for the provincial games this summer as he was determined to bring some medals home. His ICE team and S.O. coach supported him each step of the way. Staff helped Dale with practical requirements such as organizing his gear, getting the required paperwork/ consents completed and ensuring Dale made it to each practice. His ICE support team also worked with Dale on positive social skills necessary for success in competitive group activities. Their focus was to prepare Dale in advance of the trip to enhance his skills for sportsmanship, waiting for his turn,

and respecting other's personal space. As the date drew nearer, Dale became more and more excited to compete. The date finally came and Dale was off to Medicine Hat with his coach, Meg and the Edmonton S. O. team!

Dale said when he saw his photo in the S.O summer games brochure, he felt like an important athlete. He should! At the games Dale won two bronze and three silver medals, and this led to an All- Round Level 1, Male Silver Athlete award. He enjoyed sharing such a wonderful time with his S.O. friends.

One of Dale's goals is to explore opportunities to contribute to his community and participate in short or long term volunteering. Dale loves to be social and helpful. With the support and encouragement of his ICE team he often assists members of his local neighbourhood with walking their dogs, cutting the grass and snow shoveling. He also loves volunteering at festivals such as the local International Street Performers Festival. Beyond volunteering Dale enjoys art expression and is involved in the Nina Haggerty Arts Centre program.

Congratulations, Dale, on your many achievements this year!

*Waiting on Kristina for Pictures of Dale-
Wednesday August 23*

Employee Spotlight

The ICE Parkdale team has always strived to encourage and support their individuals' goals and aspirations. Many of these goals have been realized and fostered by the team through opportunities generated from community connections. These connections have taken some leg work and repeated perseverance but ultimately have resulted in positive and lasting community experiences and relationships for Dale and his roommate. Thank you, Parkdale staff!

Certificate of Recognition (C.O.R.)

Our annual C.O.R. Health and Safety audit started Monday, August 28th and will run until September 12th, 2017. This year's audit will be completed in the Edmonton and Calgary regions by a certified external C.O.R. auditor. It will include a review of ICE documentation and interviews with 90 ICE staff as workplace observation tours and contractor interviews. This process is important to ICE management, employees, clients and community partners.

What is the COR program all about?

A Certificate of Recognition (COR) is awarded to employers who voluntarily develop health and safety management systems that meet established standards. Certificates are issued by the Alberta government and are co-signed by Alberta Association for Safety Partnerships. Achieving and maintaining a valid COR allows employers such as I.C.E. to qualify for financial incentives through the Worker's Compensation Board's Partnerships in Injury Reduction program.

ICE management has a role to construct a vision of what health and safety should be for our company in order to manage risk. ICE has chosen to participate in the Certificate of Recognition (C.O.R.) Program to ensure continuous improvement of our Health and Safety systems.

What are the benefits of having a COR?

- Having an effective health and safety management system in place assists to minimize injuries and illnesses to employees involved in the work of I.C.E.

Achievement of a Certificate of Recognition shows that I.C.E. has excellent Health and Safety systems in place and is consistently striving to improve them.

What happens after the audit?

The on-site audit is only the first step in the C.O.R process each year. The real work begins after the audit. The ICE C.O.R. audit report identifies areas where the company's Health and Safety Management System can be improved and the company works on enhancing them going forward.

What has ICE been working on for the last year as per the 2016 C.O.R. audit action plan? Here are some the key areas:

- Ensuring residential staff are reviewing and signing off monthly on the Hazard Assessment and Control Document review sheets indicating their review of site specific hazards.
- Refreshing trainer credentials and health and safety course materials to ensure these remain up to date with current trends. (Examples: WHMIS 2015, Incident Investigation, Hazard Assessment and Control, Workplace inspections, Crisis Prevention Intervention etc.)
- Implementing measures to enhance the understanding of front line supervisors of their responsibilities for leading, monitoring, evaluating and if necessary, enforcing worker health and safety. These measures have included additional supervisory training sessions for coordinators.
- Enhancing employee understanding of their health and safety responsibilities and accountability during annual employee evaluations. Actions included revision of the annual employee evaluation form and development of a process to review policies 3.5.1 and 3.5.2 with employees ongoing.
- Enhancing the visibility of the ICE President's message of commitment to health and safety by posting the President's annual health and safety message in all Regional offices and printing the message in all regional newsletters (January 2017).
- Increasing the involvement of front line staff (both office and field) in workplace inspections that relate to the environments staff are working in. Staff are now asked to sign off on their participation.
- Ensuring that staff see ICE managers at all levels demonstrating their commitment to safe and healthy workplaces by being more visible during work site visits.
- Requesting staff feedback on hazards and controls for the areas they work in during worksite tours and during inspection processes.
- Requiring staff involvement and signatures on monthly reviews of the Hazard Assessment and Control Document.

Policy Review–

3.5.5 Employee Work Related Injury, Illness and Near Misses

(A portion of policy 3.5.5 is reproduced here, please refer to the Policy Manual for the complete policy.)

All employees have W.C.B. coverage. This is to include support home operators and their designated respite workers as per W.C.B. legislation and law. Note that the relationship I.C.E. has with Support Home Operators and their respite staff is that of service monitor only. Yet where this policy refers to employees this is to include Support Home Operators and their respite workers for the purpose of WCB only.

An internal incident is defined as an unplanned event that resulted in injury, illness or property damage.

A near miss refers to an unexpected event that did not cause injury, illness or damage this time but had the potential.

E. Investigations of Internal Incidents and Near Misses

Either simultaneously or upon completion of the C./GI., an internal investigation into an incident or near miss will occur. Individuals who will investigate will have formal training in incident investigation. Refer to the Master document binder for the investigation forms. The agency will investigate those incidents that involved a contractor. The following will apply to this process:

1. Investigations will consider:

- **Immediate (Direct) Incident Causes:** What happened before, during and after incidents? Was the incident related to substandard conditions (i.e. tripping hazards left on the floor, poor lighting) or substandard practices (i.e. failure to lock a cupboard).
- **Basic (Indirect) Incident Causes:** The reasons the direct causes were allowed to develop. WHY the incident happened. Examples of indirect causes include inadequate: equipment, knowledge, skills, supervision etc.
- **Root Causes:** Possible deficiencies in the health and safety management system i.e. inadequate: systems, procedures, compliance with standards, and equipment / resources.

2. Investigative processes with the exception of recommended actions must be completed within 72 hours of the incident. Timelines to complete or institute recommendations is dependent on the nature of the incident and will vary.
3. As part of investigation procedures– a documented action plan to prevent similar incidents from happening again will be developed. Recommendations will be specific and constructive. The Coordinator/ Manager responsible for the program area where the incident took place will follow through with the appropriate recommendations. The Health and Safety Specialist / Regional Manager is responsible for overseeing this process.
4. The agency's regional Health and Safety committee or a representative with Incident Investigation training will also review all incidents and make additional recommendations. Documentation of the review is mandatory.
5. Once the investigation recommendations have been implemented /completed the Internal and Near Miss Investigation Report will be signed off by the Unit Manager. A copy of page 1 of the general/critical incident report (client /other employee names removed for confidentiality) is attached and the investigation package is submitted for review and signatures to the Chief Operating Officer followed by the President.
6. After the investigation process has been completed a copy of the report is filed in the employee file and the original in the Injury/Near Miss investigation binder in the appropriate Manager's office in each region.

Updated October 2015

ICE THANK YOU CARD

INCENTIVE WINNER



Leslie Whitnack was thanked by her supervisor for her willingness to help out when there was a serious issue. Leslie won a Deep Fryer. Much appreciated!

Training

PET (Pre-Employment Training)

September 5th-September 7th, 2017
9:00AM-4:00PM

Management Meeting

September 8th, 2017
9:00AM

PBI (Proactive Behaviour Intervention)

September 27th & September 28th, 2017
9:00AM-4:00PM

CPI (Non-Violent Crisis Intervention)

September 8th, 2017
9:00AM-4:00PM

\$100.00 ICE Referral Incentive

EMPLOYEE REFERRAL INCENTIVE PROGRAM \$100!

Employees or Support Home Operators who refer a person to ICE who successfully meets our hiring requirements and completes their three month probation with a minimum of 120 hours worked, receive \$100.00!

Attention All Staff: Policy Manual Review

It's time for the formal review of the I.C.E. Policy Manual. At this time we are inviting our employees to participate if they so choose. You can provide your ideas / suggestions to Jackie Wells either in writing or at jwells@icenterprises.com by **September 29, 2017**. The agency goes through this process to ensure its practices are consistent with legal / contractual requirements and industry standards.

Upon receipt of feedback from employees the policy manual will be revised, printed, and distributed in all regions.

Thank you for your anticipated assistance!

HURT AT WORK?

Employees and Support Home Operators are reminded of their responsibility (as per legislation) to report **all workplace injuries immediately to an ICE supervisor or manager**. In the event of an injury the employee will follow all agency policies and procedures

While not all injuries are reportable to WCB, all injuries and work related health concerns are required to be reported within the company. This is done so that health and safety investigation and follow up may be completed for the safety of all parties

ICE offices will be closed
Monday, September 4th, 2017
for the
Labour Day Holiday
Please direct all calls to the
Employee Client
Assistance Team for this day.

**INDEPENDENT COUNSELLING ENTERPRISES
Health and Safety Committee Meeting Minutes**

South- August 9, 2017

STANDING ITEMS

3.1 A) Review of Regional Health and Safety Meeting Minutes - Section 3.2 Internal Incidents (Injury, Health, Property Damage)

Edmonton

Meeting Minutes not Available

Calgary (July 12th, 2017 Meeting Minutes)

June 15, 2017

During a discussion with a supervisor, staff reported that sometimes when she works with her client she assists him in walking/stability. Staff reported that at times when walking, client "jolts" staff's arm and puts weight onto her shoulder. Staff also indicates that she carries his backpack and this causes strain on her back.

Recommendations: Client to utilize walker, staff to review proper lifting and transferring. Purchase a backpack with wheels or hang backpack on walker, staff to not carry client's items.

Additional Recommendations: Staff are required to follow industry safety practices and agency guidelines for supporting clients using assistive technology equipment. It is not recommended that clients hold onto the arm of staff as this may lead to staff injury. Clients are to be taught safe practices for using their equipment. There may be a need to have a professional reassess to see if additional/different equipment may be more appropriate (i.e. use of a transfer belt, a walker with a basket) if client support requirements change. Supervisors are recommended to regularly observe staff providing assistance to clients to ensure staff continue to follow safe practices and to address changes in client abilities. It is not recommended to hang a backpack on a walker as this will affect the balance of the equipment and may create a new hazard.

Incident investigation completed.

June 28, 2017

Relief staff were working with at client, staff advised the client to not make as much noise while working out as it was disturbing to the others around him. The client became upset and pushed staff, causing staff to stumble backwards and fall on the exercise equipment. Recreation centre staff intervened. Client was given time to cool off. Staff contacted ICE, client approached staff and again and hit him on the rib area and threw a water bottle at staff. Space given, ICE office contacted and client was taken home.

Recommendations: Staff to not drive escalated clients as per policy, discuss incident at RPAC. Staff to review PBI Incident Investigation Completed.

Additional Recommendations: Possibly more information about client to relief staff prior to the shift.

Grande Prairie / Northwest (July 13, 2017 Meeting Minutes)

No Internal Incidents to Report

3.1 B) Review of Regional Health and Safety Meeting Minutes - Section 3.3 Near Miss Incidents

Edmonton

Meeting Minutes not Available

Calgary (July 12, 2017 Meeting Minutes)

June 16, 2017

The patio in a residential home is being renovated by the condo board, 4 poles were installed to secure the patio above. During the day if was windy, one of the four poles fell and crashed into the bedroom window causing the window to break. Note: this occurred during the day, no clients or staff were in the bedroom during the incident. Property management was contacted and scheduled to clean area and fix window and pole.

Recommendations: Management informed of incident, ensure other poles on patio are secured by contracted building management/construction company.

Near Miss Investigation Completed.

Additional Recommendations: None

Grande Prairie / Northwest (July 13, 2017 Meeting Minutes)

No Near Miss Incidents to Report

3.3 Evaluation of current Internal Incident Investigations for Injury, Health, Property Damage (Incidents, Recommendations):

None to Report

3.4 Evaluation of current Near Miss Incident Investigations (Incidents, Recommendations):

None to Report

3.5 Review of COR Audit and Action Items

6.1a - Is there a written emergency response plan for each work site appropriate to the hazards at the site? ICE policies 3.5.10, 3.5.11, and 2.3.11 were given as evidence for this question. COR also looked at the resource information in the health and safety binder. 100% of worksites visited had site specific emergency response plans in place. There was a recommendation that ICE complete an in depth review of the Organizational Emergency Plan.

6.1b - Does the emergency response plan include communication procedures? 100% of ICE emergency response plans include communication procedures.

6.1c - Does the emergency response plan include emergency phone numbers? 100% of sites visited had emergency response plans including emergency response phone numbers.

3.6 Review of Master Hazard Assessment and Control Document

Reviewed General Section Pages 102 - 107

Lifting, moving and cleaning the furniture. Changing the water on the water bottle on the water cooler - Suggest to change the frequency as the water bottle could be a more frequent task

Paperwork - No changes suggested

Use of telephones - No changes suggested

3.6 Policy Review -

3.5.9 Hazard Assessment and Control Document

4.0 OTHER BUSINESS

ICE Page Health & Safety Article suggestions - Guarding against unwanted pests going into fall.

NEXT MEETING - September 13th, 2017

